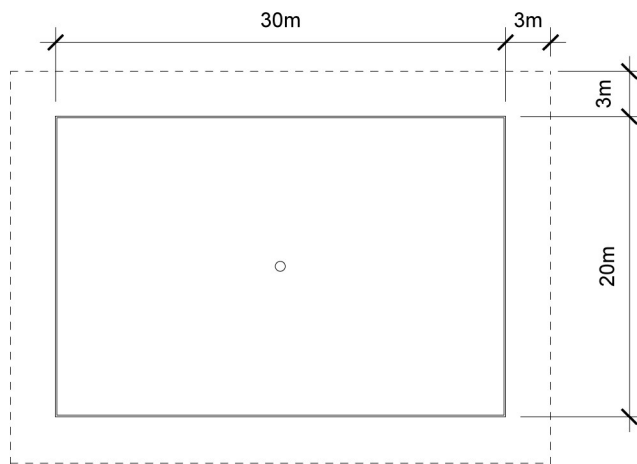


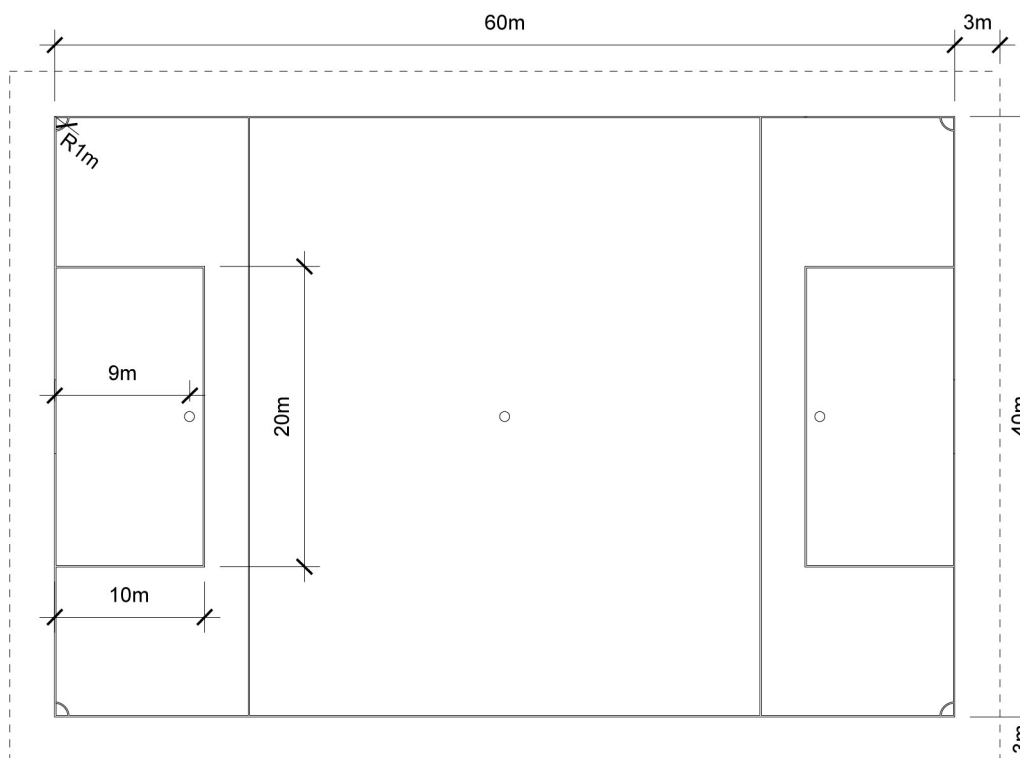
# Football pathway



## 4v4's pitch - age group 6 –8



## 7v7's pitch - age group 9 –12



# Football pathway pitch design data

## 4v4's

### Pitch dimensions

approximately 30m x 20m

Safety Margin: 3m all round

### Line markings

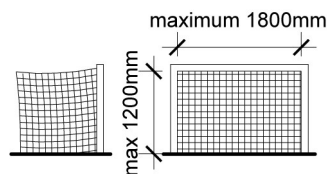
Width of lines: 100mm typically

External dimensions **include** width of lines.

### Goals

1.8m from inside post to inside post or smaller

1.2m from the ground to the lower edge of the crossbar or smaller



### Colours

The colour of the lines is not specified, traditionally white.

The colour of artificial surfaces must be green.

The goal posts must be coloured white.

### Playing Surface

For more information on appropriate pitch surfaces please see

**sportscotland DATASHEET 100** and **sportscotland**

**DATASHEET 101**

Safety margin should be identical construction to the playing surface.

## 7v7's

### Pitch Dimensions

65m x 45m (maximum) - 55m x 36m (minimum)

sportscotland recommended:

**60m x 40m**

Safety margin: 3m all round

### Line markings

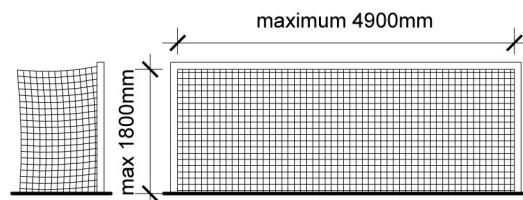
Width of lines: 100mm typically

External dimensions **include** width of lines.

### Goals

4.9m from inside post to inside post or smaller

1.8m from the ground to the lower edge of the crossbar or smaller



### Colours

The colour of the lines is not specified, traditionally white.

The colour of artificial surfaces must be green.

The goal posts must be coloured white.

### Playing Surface

For more information on appropriate pitch surfaces please see

**sportscotland DATASHEET 100** and **sportscotland**

**DATASHEET 101**

### Source documents

SFA The National Player Pathway 4v4s coaches resource

SFA The National Player Pathway 7v7s coaches resource

SFA The National Player Pathway 11v11s coaches resource

### Endorsed by

**Scottish Football Association**

